

NOVA International Schools

Extra - curricular activities



In our aim to develop the individual potential of each student we offer a diverse extra-curricular program. It covers a variety of sports, games and adventurous outdoor activities. Its purpose is to improve young people's motivation, increase self esteem and confidence, develop new skills and ultimately help them become better learners. Incorporating activity into one's lifestyles has a wide array of benefits encompassing the physical, social and mental well being of the student. Getting students involved in sports can be a good way of keeping children busy and active.

Organization of activities / Schedule

Month: April

Days	Activities	Grade	Place	Time	Fees	Instructor	Contact
Monday	Soccer	5 – 8 co-ed	Forza sports center	4-5pm	100-150 denars/person	Pance P. P.E.Teacher	pance@nova.edu.mk
	Ballroom Dancing	K-8	NOVA Dance studio	5-6.30pm	10 euro per month	Dance instructors	primary@nova.edu.mk pance@nova.edu.mk
Tuesday	Swimming	K-12	Karpos Swimming pool	3.30-4.30	2000 denars per month	PhD. Natasha Meshkovska	meskochamp@yahoo.com pance@nova.edu.mk
	Volleyball	7-12 co-ed	NOVA court or Forza sport centre	4-5pm	Free of charge	Darko P. Macedonian Teacher	darko@nova.edu.mk
	Orchestra/Choir	5-8	NOVA room 01	2.20-3.55 pm	Free of charge	Aleksandar Lekovski	tereza@nova.edu.mk
	Ballet	5-12	NOVA Dance studio	4-5pm	1200 denars per month	Biljana Pasharikovska professional ballet dancer	anav@nova.edu.mk dance teacher
Wednesday	Chess club	K-12 Co-ed	NOVA room 04	3-4 pm	Free of charge	Marjan Peovski BiologyTeacher	marjan@nova.edu.mk
Thursday	Soccer	9-12 boys	Forza gym	4-5pm	Free of charge	Aleksandar R P.E Teacher	aleksandar@nova.edu..mk
	Orchestra/Choir	9-12	NOVA room 01	3.10-5.00 pm	Free of charge	Aleksandar Lekovski	tereza@nova.edu.mk
	String Ensemble (orchestra)	5-12 Co-ed	NOVA Room 202	2-3pm	Free of charge	Tereza B. Music Teacher	tereza@nova.edu.mk
	Ballet	5-12	NOVA Dance studio	4-5pm	1200 denars per month	Biljana Pasharikovska professional ballet dancer	anav@nova.edu.mk dance teacher
Friday	Swimming	K-12	Karpos Swimming pool	3.30-4.30	2000 denars per month	PhD. Natasha Meshkovska	meskochamp@yahoo.com pance@nova.edu.mk

NOTE: This program is subject to change! Depending on the interest and enthusiasm of the students new activities may be added to this program. Some activities may be opened and available only for a specific group of students, determined by their age and/or skillfulness in a certain area.

*Physical Education Teacher and
Extracurricular Activities Coordinator
Pance Pancevski*